



1.CENTRE.S.O.S Association

Health therapy sessions in Swiss

Etiomedecine - Cranio sacral Osteotherapy Acupuncture- Traditional Chinese Medecine Physiotherapy no convention

- Session by appointment schedule: 9h-12h/ 2h-6h pm	120.00 chf
Open File For New client- add first session	30.00 chf
- In-house session schedule: 9h-12h/ 2h-6h pm	150.00 chf
- Emergency session, no appointment 24hrs before and off, schedule: 9h-12h/2h-6h pm	180.00 chf
- In-house session, emergency no appointment 24hrs before and off schedule: 9h-12h/2h-6h pm	200.00 chf
- Advice/ complementary information (off session) by phone, mail, in office	50.00 chf
- Reorientation	60.00 chf
- Invoice reminder/ week late	10.00 chf
Travel expenses in addition to the price of the session at home or hotel- (costs variable according to the fuel price)	40.00 chf

Massage

Type de massages : **Sportif** or **Relaxant** or **Lymphatique**

- Office session of 45 minutes	120.00 chf
- Office session of 60 minutes	150.00 chf
- Office session of 75 minutes	180.00 chf
- Office session of 90 minutes	200.00 chf
- Office session of 120 minutes	250.00 chf
- In-house/ hotel session of 60 minutes	200.00 chf
- In-house/ hotel session of 75 minutes	230.00 chf
- In-house/ hotel session of 90 minutes	250.00 chf
- In-house/ hotel session of 120 minutes	300.00 chf
Travel expenses in addition to the price of the session at home or hotel- (costs variable according to the fuel price)	40.00 chf

Physiotherapy with convention

Prevailing prices when prescribing according to a disease case (0.97 or 1 chf the point)
or accident case (1 chf the point)

- General treatment	48 points
- Complex physiotherapy	77 points
- Lymphatic drainage	77 points
- Group treatment	25 points
- Muscle reinforcement (MTI)	22 points
- 1st treatment Suppl. (anamnesis, tests, etc)	24 points
- chronically handicapped children Suppl.	30 points
- Travel/ time expense Suppl.	34 points

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Chez M Seulin, Rue Centrale 107, CP 9, 1884 Villars/Ollon
www.1-centre-sos.com

1.centre.s.o.s@gmail.com
+41(0)78 918 56 00



Training sports for health in Switzerland

Winter snow sports coaching (sliding sport)

(Ski or Snowboard or Telemark or Cross country skiing) and Snowshoe

Ask us for an offer according to your taste.

Coaching hour (for 1 person maximum 4 persons)	120.00 chf
Half a day 3 hrs (morning from 9:00 to 12:00 ou afternoon, with a maximum of 4 people)	290.00 chf
For the day - *6 hrs (from 9:00 to 3:00 pm ou from 10:00 to 4:00 pm, maximum 4 people)	540.00 chf
For a plus day - *8 hrs (from 8:00 to 5:00pm or from 9:00 to 6:00 pm including transport time, with a maximum of 4 people)	600.00 chf

Go look at the hotel
Plus calculate the vehicle transportation if needed

Transport départure adress: rue centrale 107, 1884 Villars/Ollon, Suisse **3.00 chf le km**

For 5 - 6 people add **40.00 chf**
price displayed

Additional person for group of 7 people (maximum 7 pers/group) add **40.00 chf**
price displayed

Excerpt from our general conditions:

- *Breakfast break included (the meal is covered care by the member/ customer)
- Reservation dates are guaranteed only upon payment receipt
- Ski-lifts packages, equipment rental and meals are not included in the price

Collective Performance during week-ends 2 hrs **140.00 chf**
(2 persons min. up to 4 people max)

Collective Initiation/ discovery during week-ends 3 hrs **120.00 chf**
(from 3 pers. min up to 8 people max.)

Sports and Health Training

- 1 hour indoor session	120.00 chf
- 1 hour outdoor session	160.00 chf
- Full training Program	1500.00 chf
- Cardiovascular rehabilitation Program	chf
- Rehabilitation Program	chf
- Session of Nordic walking 2 hour outdoor (collectif ou individual)	chf

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Membership fee of the association in Switzerland

Daily membership fee

- Membre individuel cotisation journalière
- Membre famille/groupe cotisation journalière
- Membre organisme /fondation /école/ entreprise cotisation journalière

Annual membership fee

- Membre junior passif cotisation annuelle
- Membre senior passif cotisation annuelle
- Membre vétéran cotisation annuelle
- Membre famille (4pers.max) cotisation annuelle
- Membre donateur annuelle

Option annual contributions

- Pour le membre annuel Option A: Sport de glisse – en hiver
- Pour le membre annuel Option B: Préparation physique – en automne

Equipment

For the telemark equipment is available for members
Contact us for more information on the rental.
Shoes and télémark ski (norm binding 75 mm)

Day 50.00 chf

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